

DATE: \_\_\_\_\_

My name is:

*(Full name)* \_\_\_\_\_

And this is

## MY STRATEGIC LIFE PLAN

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*"The best way to predict your future is to create it!"*  
*Abraham Lincoln*

Research has consistently established that writing goals and moving with faith and conviction towards the complete realization of those goals is the key to living a fulfilled and happy life. However, most people don't take time out to define what they want, set goals and create plans to reach their goals. It was Lewis Carroll who said: If you don't know where you are going, any road will get you there.

You are different from most people because you are holding in your hands a tool that you can use to design and (re)start living your dream life.

If you think you are already living your dream life, then maybe you need a new dream. This tool will help you. If you are oppressed by life or the universe seems to be conspiring in your disfavor, going through the process facilitated by this tool will definitely make a positive change in your life, if you accept it.

I invite you to create (or re-create) your future, a better future that you will be happy to live in and all your wildest dreams and aspirations come true. Your best is always ahead of you, just bring it closer!

Lionnel Yamentou



## Who are you?

**DESCRIBE YOU AS YOU  
SEE YOURSELF  
(BE VERY NICE)**

**Note: You know yourself best but if you don't have anything nice to say about you, let someone else describe you.**

This image shows a single sheet of cream-colored paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. On the left side, there is a vertical margin line. In the bottom-left corner, a portion of a brown, textured object, possibly a book cover or a piece of tape, is visible. The paper appears to be part of a notebook or a binder.



## MY PERSONAL VALUES, PURPOSE, MISSION

### MY PERSONAL VALUES

What is most important to you in life? Example: Love, Family, God, Safety, Risk-Taking, Financial Abundance, Work, etc...

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### MY MISSION STATEMENT

A personal mission statement will help you make decisions aligning with your values and goals. Your mission statement should be simple, inspiring and show your passion.

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### MY LIFE PURPOSE

You don't have to have a life purpose to live fulfilled and happy, but we are all on earth for one ultimate purpose. It is actually, many different purposes at different stages of our lives. A few examples: Raise my children to be responsible adults and good citizens, Create and grow a successful business to provide jobs to the unemployed, Live a life of good health and financial abundance and be an inspiration for others to do the same.

What is your life purpose now?

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## MY 10 BIGGEST AND WILDEST DREAMS

Time to dream! What are 10 dreams or goals you would like to realize during your lifetime, and beyond? Write with the assurance and certainty that it is possible to realize every one of your dreams. Include financial goals, health goals, relationship goals, vacations, children, contributions to charities, business, etc...There is no limit, these are only dreams, for now!

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_
6. \_\_\_\_\_  
\_\_\_\_\_
7. \_\_\_\_\_  
\_\_\_\_\_
8. \_\_\_\_\_  
\_\_\_\_\_
9. \_\_\_\_\_  
\_\_\_\_\_
10. \_\_\_\_\_  
\_\_\_\_\_



## WHY I WANT WHAT I WANT

Select the 3 most important dreams and write A, B, and C after them.

Why do you want to realize those three dreams? Why did you choose A, B and C over everything else.

A is most important to me because:

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B is most important to me because:

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C is most important to me because:

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## SELF-EVALUATION

To get from point X to point Y, you need to know where point X is located and start the journey.

Be truthful as you rate yourself, if in doubt, do this with someone who knows you and will tell you if you are being honest or not so much.

<b>Health</b>	You only have one body and there is not going to be a replacement for it.
	How well have you been taking care of your body? <input type="checkbox"/> Not so well <input type="checkbox"/> Well enough <input type="checkbox"/> I take very good care of my body
	What changes can you make today for your physical health to improve, or get even better 1. _____ 2. _____ 3. _____
<b>Finances</b>	Money is a tool you can use to improve the quality of your life and of others around you.
	Are you happy with the state of your finances as they are today? <input type="checkbox"/> Not very happy <input type="checkbox"/> I have enough to live well and give <input type="checkbox"/> I have many passive income generating assets and live in abundance
	What changes can you make today for your financial health to improve, or get even better 1. _____ 2. _____ 3. _____
<b>Relationships</b>	The quality of the people you spend time with determines the quality of your life.
	Do you have relationships that contribute to your growth and empowerment? <input type="checkbox"/> Not really <input type="checkbox"/> Yes, but I can use more <input type="checkbox"/> I have a strong network of inspiring people
	What changes can you make today for your relationships to improve, or get even better 1. _____ 2. _____ 3. _____



## TIMELINE OF MY LIFE

Describe what you intend to accomplish every 5 year period for the next 10 years in every one of those areas of your life.

	2014 → 2019	2020 → 2025
Health	A1	A2
Finances	B1	B2
Relationships	C1	C2
Work and Business	D1	D2

**IMPORTANT:** Filling the table above is important, but to make life or the universe your ally, you need to do the following: For every box number, write on a blank sheet what you will do to get everything you want.



**You were chosen out of many  
billions. Your life is a gift. Live it in  
a way that the giver of life will be  
happy he chose you.**

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